



Professional Bio



Cynthia (Cindy) Beresh-Bryant, SPHR, MHRD, RCC

Owner and President of HR Solutions by Design, LLC; Cindy started her business in 2009 after more than 20 years as an HR professional working primarily in the manufacturing industry for Fortune 250 and Fortune 500 companies. She specializes in helping her clients build strong organizational cultures that maximize profitability through employee involvement and high engagement.

Cindy earned her Bachelor's degree in Industrial/Organizational Psychology and Master's Degree in Human Resources Development from Clemson University in Clemson, SC, is a certified Senior Professional in Human Resources (SPHR) and a Registered Corporate Coach.

She is a high energy, business savvy, results-oriented human resources professional with exceptional leadership skills and 15+ years of progressive HR experience. She specializes in helping organization identify and implement practical solutions for the real world; with a proven track record of maximizing revenue growth, cost improvement, & operating efficiencies to deliver strong financial and human capital results.

During her career, she's held progressive leadership roles in both corporate and field environments including multiple country and multiple-location business units with responsibility for union and non-union workgroups. Cindy has led and managed a wide variety of HR functions, including acquisition and mergers, talent acquisition, talent management, organizational development & training, compensation and benefits administration, HR policy and practices, employee relations and environmental, health and safety.

Cindy was secretary of Duck River SHRM from 2012-2013 and President of Duck River SHRM 2010-2011. She is a Registered Corporate Coach and her professional memberships include the National Society of Human Resources Management (SHRM), the Middle Tennessee Society of Human Resource Management (MT-SHRM), where she is also an active member of the Programs Committee. She is a member the National Association of Training & Development (ASTD), the National Association of Professional Women and was recognized in the Who's Who of Professional Women in 2007. Cindy is a Founding member of the On to Plan B...Career Transition Support Group and Christian Business Connections in Maury County and an adjunct professor at Daymar Institute in Murfreesboro, TN teaching Human Resources, Compensation & Benefits, Organizational Behavior, Business Ethics and Leadership courses. She is a past board member of the American Red Cross, Teen Challenge of Middle Tennessee and Lake Erie College. She currently serves as a board member of Gaits to Heaven.